



Birchwood  
Highland  
Independence  
Inclusion  
Recovery

# Become a Peer Supporter

Do you have lived experience of mental ill-health?

Can you help people going through a similar journey?

**TRAIN** to be a **PEER SUPPORT WORKER.**

30

**hours of free training and mentorship (with expenses covered)**



**This course starts in April 2022, with an option to employ Peer Supporters.**

Please contact us for more information or to apply:

 [recovery.college@birchwoodhighland.org.uk](mailto:recovery.college@birchwoodhighland.org.uk)

 01463 236507, ask for David Brookfield