

Money Counts Course

Level 1 and 2

Who should attend?

This course is aimed at anyone who is in a position to have a brief conversation with individuals around money worries.

The course aims to:

- Increase understanding of poverty and its impact
- Increase confidence to ask about money worries
- Increase knowledge of support services for money matters

Dates & Times :

LEVEL 1:

31 st Jan	10.00 – 10.45am
2 nd Feb	2.00 – 2.45pm
8 th March	10.00 – 10.45am

LEVEL 2:

16 th Feb	10.00 – 11.30am
29 th March	10.00 – 11.30am

How to apply?

Please note we have moved to a new training platform and if you are out with the NHS, you will need to register on Turas. You will find all the necessary instructions on the following link: [Health Improvement Training \(scot.nhs.uk\)](https://scot.nhs.uk/health-improvement-training)

Once you have registered, you will find the [Money Counts Course](#) by clicking on this link.

Worrying about money?

Financial advice and support
is available if you're struggling
to make ends meet.

Follow these steps to find out where
to get help in Highland.



The course has been developed in collaboration with NHS Highland, the Trussell Trust, Highland Council and Social Security Scotland.

For any enquiries contact, please email:
nsh.healthimprovementtraining@nhs.scot